



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -  
**Sacred Heart Church and Maria Regina Church**



## Thoughts of Blessed Francis Jordan

Be faithful in everything: faithful in observances, faithful in the vows, faithful in work, in duties of your vocation, in your striving, faithful in everything

## PRAYER to CHRIST the King

Lord our God,  
You alone are the Most Holy King  
and Ruler of all nations.  
We pray to You, Lord, in the great  
expectation of receiving from You,  
O Divine King,  
mercy, peace, justice and  
all good things.  
Protect, O Lord  
our families and the land  
of our birth.  
Guard us, we pray, Most Faithful One.  
Protect us from our enemies  
and from Your Just Judgement.  
Forgive us, O Sovereign King,  
our sins against You.  
Jesus, You are the King of Mercy.  
We have deserved Your Just Judgement.  
Have mercy on us Lord,  
and forgive us.  
We trust in Your Great Mercy.  
O most awe-inspiring King,  
we bow before You and pray;  
May Your reign, Your kingdom be  
recognised on earth.  
Amen.



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 You can find us  
on Instagram  
(catholicparishpittwater)

## SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



## POPE LEO'S PRAYER INTENTION for NOVEMBER

For the Prevention of Suicide

Let us pray that those who are struggling with suicidal thoughts might find the support, care and love they need in their community and be open to the beauty of life.

## MASS TIMES

### Sacred Heart Church

1 Keenan Street, Mona Vale

#### WEEKDAY MASSES

**Tuesday 9.30 am**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 8.30 am followed by Mass*

**Wednesday 9.30 am**

**Thursday 7 pm**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 7.30 pm to 9.00 pm*

**Friday 9:30 am**  
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am*

#### WEEKEND MASSES

**Saturday Vigil 5.00 pm**  
**Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)**

#### RECONCILIATION

**Saturday Vigil**  
**4.00 pm to 4.30 pm**

#### BAPTISM

**4th Sunday of the Month**  
**11.30 am**

### Maria Regina Church

7 Central Road, Avalon

#### WEEKDAY MASSES

**Monday 8.00 am**

**Wednesday 8.00 am**

**Thursday 10 am**  
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

**Friday 8.00 am**  
First Friday of the month, *Healing Mass/ Anointing of the Sick at 8.00 am*

#### WEEKEND MASSES

**Saturday Vigil 6.00 pm**  
**Sunday 9.00 am**

#### RECONCILIATION

**Before Vigil Mass on Saturday**

#### BAPTISM

**3rd Sunday of the Month**  
**11.00 am**

## WE PRAY *for*

*Recently Deceased*  
**Ken Canlon**  
**Stephen Martin**

*Deceased Anniversary*  
**Gertrud Keazor**

*Prayer for the Sick*

Anna Śmigowska

Lily Janosik

Sue French

Maureen Larios

Elaine Boyes

Pauline Chipman

Ron Clarke

Barbara Clarke

Anna Katanec

Otma Nouak

Angela Miller

Philip Khalifeh

Joseph Khalifeh

George Azoury

Bruce Farr

Heidi Taylor

James

Jacinta Purnell - Major

Garry Gleeson

Nenita Roque

Marie Celine Roque- Maca

Neda Crvelin

Jesse Cathersides

Mary Reilly

Marta Bizubova

## BOOK REVIEW

**An Experience Named Spirit**

*By: John Shea*



John (Jack) Shea is a theologian and storyteller who lectures nationally and internationally on storytelling in world religion, faith-based health care, contemporary spirituality and the spirit at work movement.



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**Buy a Book for \$50 and Support the Salvatorian Formation**



**ENVELOPES** are made available to make a purchase with **CASH** or by **CREDIT CARD**. Please place the completed envelope: In the collection during Mass or Drop it off at the Parish Office.

**Thank you for your support!**

### Liturgy for the Week

**24/11 Monday, Sts Andrew Dung-Lac and Companions, Martyrs**  
**Dan 1:1-6, 8-20; Lk 21:1-4**

**25/11 Tuesday, Ordinary Time 34**  
**Dan 2:31-45; Lk 21:5-11**

**26/11 Wednesday, Ordinary Time 34**  
**Dan 5:1-6, 13-14, 16-17, 23-28; Lk 21:12-19**

**27/11 Thursday, Ordinary Time 34**  
**Dan 6:1228; Lk 21:20-28**

**28/11 Friday, Ordinary Time 34**  
**Dan 7:2-14; Lk 21:29-33**

**29/11 Saturday, Ordinary Time 34**  
**Dan 7:15-27; Lk 21:34-36**

### Gentle Reminder on Receiving the Holy Eucharist

We kindly remind everyone to consume the Holy Eucharist immediately upon receiving it—either before stepping away from the priest or minister, or right there at the altar. Please refrain from taking the Sacred Host back to your seat before consuming it. This helps maintain the dignity and sanctity of the Holy Eucharist, which is truly the Body of Christ.



Thank you for your understanding, cooperation and continued reverence in this most sacred moment of our faith.



THE CATHOLIC PARISH  
OF PITTWATER

## GIVING

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

### TO Make DONATIONS

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



### Areas of GIVING

**First Collection**  
(Clergy Giving)

**Second Collection**  
(Parish Giving)

#### Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

#### Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

#### Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

## PREPARING OUR HEARTS FOR CONFESSION:

### A Journey Through the 7 Deadly Sins and Heavenly Virtues



As part of our commitment to deepening our spiritual lives and growing in holiness, we are launching a **Weekly Reflection Series** focusing on the 7 Deadly Sins and their corresponding Virtues.

Each week, we will explore one of the sins that can separate us from God, along with the virtue that counteracts it and draws us closer to Him. This journey will help us better understand ourselves, recognise areas in need of God's mercy, and prepare our hearts for a sincere and fruitful Confession or Reconciliation. This is an opportunity for all of us—individually and as a community—to reflect, grow, and be renewed in our faith.

Stay tuned each week for practical insights and spiritual guidance as we seek to turn away from sin and grow in virtue.

#### ANGER/WRATH (6TH DEADLY SIN)

Is it wrong to feel angry? It's difficult question. Which makes sense - anger is a difficult emotion. Anger is an emotion; a spark or a flash of displeasure. Wrath is an intensified, destructive form of anger; a raging fire. We know that anger can't always be sinful, as our Lord Himself was clearly full of anger on several occasions. and we are instructed by Paul to "be angry, and do not sin" (Ephesians 4:26). We know that we are made in the image of God, and that every aspect of our being, including our emotions, was created good. So there must be a proper use for them. Anger must in and itself be a good thing. Except usually, it's not. Our experience of anger is usually one of destruction. Our anger gets the better of us, and we say or do things we regret. People get hurt. Relationships become strained or severed and we're left feeling isolated, confused and ashamed.

Emotions are powerful because they move us to action much more easily than our thoughts do. This is especially the case with anger. Sometimes, anger moves us to protect others or ourselves or to confront someone about an injustice with the intention of working things out.

But wrath does not exhibit this redemptive direction. While protection can help guard against future harm and loving confrontation can help relationships, human wrath's vengeance, punishment and retribution- which only leads to further division.

*Excerpt from ccrd.org by Sean Kelly, Forgotten Vices, Forgotten Virtues: Reclaiming a Christian Tradition*

#### PATIENCE (6TH VIRTUE)

If wrath has been nurtured and made a home in your heart, then the chief way to be rid of her is to develop patience. Patience is extremely difficult, which draw the attention to an older word for patience, which gets at the supremely difficult nature of the task: long-suffering. It's not natural to pray for our enemies. It's not natural to move toward suffering. These are supernatural things. We need eyes of faith to see where the battle truly lies, we need the Spirit of Christ to move us toward patience.

Long-suffering is one of the fruits of the Spirit in Galatians 5.

As we grow in patience, we should forgive others. This is not natural to us but supernatural, and it is done with God's help through prayer. If you struggle with wrath, take time to reflect on instances you have sinned against others. When we recognise how we've hurt others and remember that we, too, need forgiveness, it makes it that much more possible to forgive others.

*Excerpt from ccrd.org by Sean Kelly, Forgotten Vices, Forgotten Virtues: Reclaiming a Christian Tradition*

#### ANGER/WRATH & PATIENCE A REFLECTION

Growing closer to God requires cultivating virtues and rooting out their contrary vices. Patience or forbearance, is the virtue we need if we are going to overcome the deadly sin of wrath. From the latin *ira*, wrath is an inordinate and uncontrolled feeling of hatred which can express itself destructively.

When we look at Christ's suffering in His passion, we see God whom we have caused to suffer. But we also see a God who has experienced all of our sufferings. We cannot say to God, "You don't know what it's like to suffer in the way that I have." This is not meant to shut us up, to dismiss our anger, but to bring redemption to it. Christ brought his divinity to bear on our suffering. When I suffer with a posture of patience, I suffer with Him, and He suffers with me.

Anger that becomes wrath does nothing to re-establish justice. It contributes to injustice through a double movement of destruction: outwardly against the perceived or real cause of the disorder, discussed in the previous section and inwardly against the enraged person. Since wrath is inherently disordered, we cannot give in to it and remain untouched by its destruction of rightly ordered relationships. Wrath alienates us from God, neighbour, creation and ourselves. It is a deadly sin precisely because such alienation is spiritual death for people made for communion.

The virtue of patience, can certainly aid us in withstanding the urge toward wrath when we are angry. Patience can help us avoid reacting negatively to provocation. This allows time for the anger to recede and for God's justice and mercy to guide our response. In the Gospels, Jesus offers a great deal of advice in terms of building patience and short-circuiting the temptation to wrath: practising forgiveness, praying for our enemies, working for reconciliation, spending quiet time in prayerful communion with God, offering up our suffering in self-sacrificial love and avoiding "an eye for an eye" response to injustice.

Meekness connotes patience, mildness, gentleness, kindness and disinclination toward anger and resentment. Jesus' entire life bears witness to his meekness. From his birth in a stable to his humiliating death on the cross, the Gospel relate the story of how Christ emptied himself out of love for God the Father and for us. He humbly obeyed all the commands he heard from his Father in heaven, accepting a crown of thorns instead of the power and fame offered to him by Satan in the desert.

Meekness, as modeled by Jesus, is a safeguard against the ravages of wrath. It requires that we too, empty ourselves of the false self and humble ourselves, becoming obedient.

*Excerpt from Doug Culp, Gulf Coast Catholic*

## Parish Directory

### Pittwater Parish

1 Keenan Street,  
Mona Vale  
NSW 2103  
Tel 9157 0999

**Parish Priest**  
**Fr Richard Sadowski SDS**

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

**Assistant Priest**  
**Fr Zygmunt Smigowski SDS**

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

**Parish Secretary**  
**Belinda Cimino**

Tel 9157 0999 ext 30  
office@pittwaterparish.org

**Administrative Assistant**  
**Shereae Knight**

Tel 9157 0999 ext 30  
office@pittwaterparish.org

**Media & Communications  
Coordinator**  
**Conille Felias**

Tel 9157 0999 ext 31  
media@pittwaterparish.org

**Sacramental Coordinator**  
**Sonia Samartin**

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

**CCD Catechist  
Coordinators**  
**Maureen Wooldridge**  
Mobile 0421 907 469  
**Veronica Thomas**  
Mobile 0417 061 534

**Sacred Heart Church**  
1 Keenan Street, Mona Vale

**Maria Regina Church**  
7 Central Road, Avalon

### SCHOOLS

**Sacred Heart School**  
Mona vale  
Tel 8197 6900  
Principal: Ms Louise O'Brien

**Maria Regina School**  
Avalon  
Tel 7256 2138  
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic College**  
Warriewood  
Tel 7256 2100  
Principal: Mr Anthony Mahoney

**SAVE  
the  
DATE**

**MONDAY, 8th DECEMBER  
Annual Salvatorian  
Foundation Day Mass**

**at 6:30 pm  
followed by Cocktails  
& Fellowship  
Sacred Heart Parish Centre,  
Mona Vale**

**SATURDAY, 13th DECEMBER  
Christmas Carols  
& Dinner**

**after the 5:00 pm MASS  
Sacred Heart Parish Centre,  
Mona Vale**

**LITURGICAL YEAR**

**Year C  
2025 Liturgical Calendar  
ENDS next Saturday,  
29th November**

**Year A  
will commence  
on the 1st Sunday of Advent  
30th November**

## Book of Remembrance

During the month of November, the Church invites us to remember and pray for all our faithful departed. This is a sacred time to express our love and gratitude for those who have gone before us and to entrust their souls to God's infinite mercy.

Let us join together in prayer for our beloved family members, friends, and all the souls in purgatory, that they may come to share in the eternal light and peace of Christ.

You are warmly encouraged to add the names of your departed loved ones to our Book of Remembrance and to unite with us in offering Masses and personal prayers throughout the month for their eternal rest.

Please fill in the "November Offerings" envelopes and drop it in to the Parish Office or put it in the collection during the weekend Masses.

Each day in November, a Mass will be offered for all the names published in our "Book of Remembrance".



Place a cross **†** next to the words that best describe Christ the King.

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LOVING

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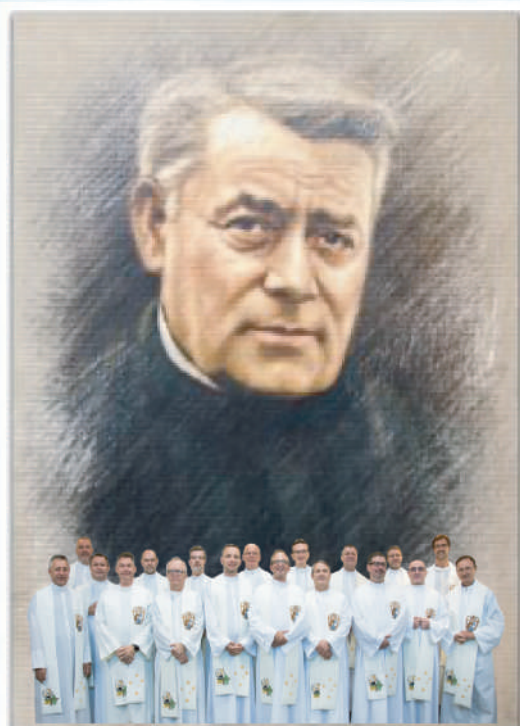
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Apostles for our times.

*Join the* **SALVATORIANS**  
in celebrating the  
**ANNUAL FOUNDATION  
DAY MASS**

**on Monday, 8th December at  
6:30 pm**

**followed by cocktails and  
fellowship at**

**Sacred Heart Church, Mona Vale**

Please RSVP by Friday, 28th November for catering purposes.  
Contact the Parish Office on 9517099

## THIS WEEK'S CHANGES TO MASS SCHEDULE

### REGULAR MASSES

*Maria Regina Church, Avalon*

Monday, 24 November at 8 am

Thursday, 27 November at 10 am

*Sacred Heart Church, Mona Vale*

Tuesday, 25 November at 9:30 am

Wednesday, 26 November at 9:30 am

Friday, 28 November at 9:30 am

### NO MASSES-LITURGY OF THE WORD WITH COMMUNION

*Maria Regina Church, Avalon*

Wednesday, 26 November at 8 am

Friday, 28 November at 8 am

*Sacred Heart Church, Mona Vale*

Thursday, 27 November at 7 pm

*Adoration of the Blessed Sacrament is at the usual time.*

## WHAT'S HAPPENING AT MARIA REGINA?

Week 6- 19th November

### Spirituality Day

Year 5 had an inspiring Spirituality Day, journeying with Jesus. We explored the deep significance of Jesus in our lives and reflected on the ways we rely on God. Each student unpacked a backpack filled with symbols, representing the different ways we need God's presence and guidance every day.



## Parish Bulletin Term 4, Week 6

This week, Mater Maria proudly welcomed Year 3 students from the Catholic Schools of the Peninsula Learning Community for a taste of secondary school life. Guided by our Year 10 SRC students, they enjoyed activities in cooking, art, drama, science, languages, and sport. It was a fantastic day, and we look forward to welcoming many of these students back in the future. A special thank you to the primary school teachers who accompanied them.

We also celebrated the Year 11 Presentation of Awards Ceremony, recognising outstanding achievements and introducing our new Year 12 College Prefects and Ministries—leaders who will inspire the community in 2026.

Year 10 students engaged in Faith-in-Action experiences, visiting Jesuit Social Services in Emerton and other Catholic ministries, including St Edmund's College (Wahroonga), St Anthony's in the Field (Terrey Hills), and Fisher Road School (Dee Why). These visits formed part of their Faith Formation program. Year 10 students also gathered with students from other CSBB and Catholic Independent Broken Bay Secondary Schools in Pennant Hills to share experiences of what life as a Catholic can look like after school.

A Mass for Holy Souls and the Sick was held in the College Chapel, with prayer cards offered for loved ones. Faith Fridays continue at lunchtime, providing a space for reflection and prayer.

Students preparing for 2026 Construction and Entertainment studies successfully completed their NSW WHS White Card training for future work placements.

Year 11 students attended the Australian Catholic Youth Festival Formation Session and Commissioning Mass at Our Lady of the Rosary Cathedral, Waitara. The Pittwater Music Club also hosted a concert in the Byrne Theatre.

In sport, Years 8-10 students developed leadership skills by refereeing at the Broken Bay Primary School Touch/Tag Gala Day, while MWBA Basketball continues daily after school.

Every Friday, our prefects host Faith Fridays, a vibrant youth group in our Chapel and Courtyard, combining faith, music and fellowship, and is open to all students.

Enrolments: Applications are now open for Year 7 in 2028 and 2029. Waitlists are in place for 2026 and 2027. Applications for Year 7, 2028 close at the end of Term 1, 2026. For details, visit [matermaria.nsw.edu.au/enrolments](http://matermaria.nsw.edu.au/enrolments).



**MARIA REGINA**  
Catholic Primary School, Avalon

**Enrolling  
Now**  
Kindergarten - Year 6



## THANK YOU FOR YOUR GENEROSITY

We sincerely THANK everyone for your generous support of the Pastoral Works November Appeal.

Your kindness and commitment make a real difference in the lives of those who rely on the vital ministries supported by this appeal.

If you have not yet had the opportunity to contribute, it's not too late. Every gift—large or small—helps us continue Christ's mission of care in our community. All donations over \$2 are tax-deductible, and your support is deeply appreciated.

**MAY GOD BLESS YOU FOR YOUR GENEROSITY AND FAITH.**

**PASTORAL  
WORKS**  
Broken Bay



## Pastoral Works November 2025 Appeal

"Connecting to the Mission of Jesus Christ!"



Confraternity of  
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and Pastoral Care



Please give generously to our  
**NOVEMBER 2025 APPEAL**

# The *Living* Word

**Entrance Antiphon** Revelation 5:12; 1:6

How worthy is the Lamb who was slain, to receive power and divinity, and wisdom and strength and honour. To him belong glory and power for ever and ever.

**First Reading** 2 Samuel 5:1-3  
**A reading from the second book of Samuel**  
*They anointed David king of Israel.*

All the tribes of Israel came to David at Hebron. 'Look' they said 'we are your own flesh and blood. In days past when Saul was our king, it was you who led Israel in all their exploits; and the Lord said to you, "You are the man who shall be shepherd of my people Israel, you shall be the leader of Israel."' So all the elders of Israel came to the king at Hebron, and King David made a pact with them at Hebron in the presence of the Lord, and they anointed David king of Israel.

**The word of the Lord**

**Responsorial Psalm** Ps 121:1-5  
**(R.) Let us go rejoicing to the house of the Lord.**

I rejoiced when I heard them say:  
'Let us go to God's house.'  
And now our feet are standing  
within your gates, O Jerusalem. **(R.)**

Jerusalem is built as a city  
strongly compact. It is there that the  
tribes go up, the tribes of the Lord. **(R.)**

For Israel's law it is, there to praise the  
Lord's name. There were set the thrones  
of judgement of the house of David. **(R.)**

**Second Reading** Colossians 1:12-20  
**A reading from the letter of St Paul to the Colossians**  
*He has taken us into the kingdom of his beloved Son.*

We give thanks to the Father who has made it possible for you to join the saints and with them to inherit the light. Because that is what he has done: he has taken us out of the power of darkness and created a place for us in the kingdom of the Son that he loves, and in him, we gain our freedom, the forgiveness of our sins.  
He is the image of the unseen God and the first-born of all creation, for in him were created all things in heaven and on earth: everything visible and everything invisible, Thrones, Dominations, Sovereignities, Powers – all things were created through him and for him.  
Before anything was created, he existed, and he holds all things in unity.  
Now the Church is his body, he is its head.  
As he is the Beginning,

he was first to be born from the dead, so that he should be first in every way; because God wanted all perfection to be found in him and all things to be reconciled through him and for him, everything in heaven and everything on earth, when he made peace by his death on the cross.

**The word of the Lord.**

**Gospel Acclamation** Mark 11:9. 10

Alleluia, alleluia!  
Blessed is he who inherits the kingdom of David our Father; blessed is he who comes in the name of the Lord.  
Alleluia!

**Gospel** Luke 23:35-43  
**A reading from the holy Gospel according to Luke**  
*Lord remember me when you come into your kingdom.*

The people stayed there before the cross watching Jesus. As for the leaders, they jeered at him. 'He saved others,' they said, 'let him save himself if he is the Christ of God, the Chosen One.' The soldiers mocked him too, and when they approached to offer him vinegar they said, 'If you are the king of the Jews, save yourself.' Above him there was an inscription: 'This is the King of the Jews.'

One of the criminals hanging there abused him. 'Are you not the Christ?' he said. 'Save yourself and us as well.' But the other spoke up and rebuked him. 'Have you no fear of God at all?' he said. 'You got the same sentence as he did, but in our case we deserved it: we are paying for what we did. But this man has done nothing wrong. Jesus,' he said, 'remember me when you come into your kingdom.' 'Indeed, I promise you,' he replied, 'today you will be with me in paradise.'

**The word of the Lord.**

**Communion Antiphon** Psalm 28:10-11

The Lord sits as King for ever. The Lord will bless his people with peace.

**REFLECTION**  
by Dianne Bergant

*This feast celebrates the power and authority of Christ by creating a collage of images that capture one or more characteristics of Christ's kingship. Each image reinterprets the concept of king, investing it with new meaning. Gathered together they create a kind of litany that extols the kingship of Christ. Shepherd and commander call to mind*

*the care and protection that Christ lavishes on those who place themselves under his care. King of Israel is a sign of universal rule. Image of the Invisible God acclaims the divine origin of Christ and of the rule that he exercises over all. First born of all Creation places Christ over the entire created world. Source of all Created Things acknowledges both the sovereignty of Christ and his importance as the model after which all things were fashioned. Head of the Body, the Church underscores the intimacy and interrelationship that exist between Christ and all those who are joined to him through faith and baptism. Firstborn of the Dead not only acclaims Christ's resurrection, but it also guarantees the resurrection of those who will follow him into death. Crucified King is clearly the image that reinterprets all other images. The entire liturgical year is brought to completion in the last words of the gospel: 'Today you will be with me in Paradise.' These are the words that we all long to hear; words that are empty when coming from one who has no authority, but charged with power when spoken by the one who is king over us all.*

© Dianne Bergant CSA



## **Parish Morning Tea Gathering**

*Everyone is welcome to join*

**Every month after the 8 am Mass on the 1st Sunday and after the 10 am Mass on the 3rd Sunday at SACRED HEART CHURCH, MONA VALE**



**2nd and 4th Sundays after the 9 am Mass at the front of MARIA REGINA CHURCH, AVALON**



**"So faith comes from hearing through the word of Christ."**  
**Romans 10:17**

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A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

**ALL MEN WELCOME**

**We Meet**  
**First & Third Tuesday of every Month**  
**At 7pm**  
**Sacred Heart Parish Centre**

**We will also be beginning a series on**  
**METANOIA**

A video series & discussion, inviting everyone to a deeper more profound conversion - a metanoia - that moves us from something to someone, as metanoia ultimately turns us to Jesus.

**Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church**

**For any questions contact**  
**Joe Cilia - 0418 863 814**

## ADVERTISEMENT SPACES AVAILABLE

Our bulletin has available spaces to promote local businesses. It's a great way to reach the community and endorse your services. Ready to advertise? Please contact the Parish Office on **9157 0999** for more information

To find out more, call Tamara  
0403226699



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Northern Beaches

## ANN WILSON FUNERALS

Proudly Local. Available 24/7

Dee Why 9971 4224 | Mona Vale 9979 5978

[annwilsonfunerals.com.au](http://annwilsonfunerals.com.au)



Part of the local  
community since 1957

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JOHNSON BROS.  
MITRE 10



Join us at our Play Group  
to connect with other  
parents and make new  
friends.  
Stay for a cup of tea  
or coffee  
Everyone is welcome.

MONDAYS

9:30 - 11:30

(SCHOOL TERM)

Please CONTACT

NIKKI - 0481 009 376

### Newport Gentle Dental Care



Dr Wael Wasef  
02 9997 5848

- |                    |                             |
|--------------------|-----------------------------|
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| ☞ White Fillings   | ☞ Tooth Extraction          |
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| ☞ Occlusal Splints | ☞ Mouth Guards              |
|                    | ☞ Veneers                   |

The Northern Beaches only local family  
owned and operated funeral company



Chris Lee

With over 35 years  
experience we can guide  
you with sensitivity  
and respect your loved  
one deserves.

\* 24 hour professional service

\* Enquire about pre-paid funerals

\* Unique funerals a specialty

**9999 5211**

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